NEVE 1641.

A New Almanack, and Prognostication, with the forraigne Computation, serving for the yeere of our Lord God, and *Saviour* JESVS CHRIST.

1641.

Being the first after the *Bissextile*, or Leap-yeare.

Rectified for the Elevation of the Pole Artick, and Meridian of the ancient and famous City of *Norwich*; and may serve generally for the most part of Great *Britain*.

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The Contents of this double Kalendar, for this yeare of our Lord God, 1641. being the first after the Bissextile or Leap-yeare, according to the account, and Computation of the Church of England.

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Betweene Bartholomew and all Saints, is nine weekes and five dayes.

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The Circle of the Sunne		26
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Shrovesunday	*February*	10
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Ascension day	*May*	9
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The space betweene Christmas & Shrovesunday, is 7 weekes and five dayes.
Betweene Trinity and Advent are sundayes 26

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Since King *Charles* returne from Spaine, 6 Oct.	18
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On the 27 of March begins the 17 of King Charles	17

The Anatomie of the Body of MAN, as the *parts thereof are governed by the twelve Celestiall* Signes *of the* Zodiake.

♈ Aries, Head and face.

♉ Taurus Neck and Throat.

♋ Cancer, Breast, stomach, and ribs.

♍ Virgo, Bowels and belly.

♏ Scorp. Secret members:

♑ Capricorn Knees.

♊ Gemini, Armes and Shoulders.

♌ Leo Heart and Backe.

♎ Libra, Reynes and Loynes.

♐ Sagitarius, Thighes.

♒ Aquarius Legs.

♓ Pisces, the Feete.

The Characters of the Signes, Planets and Aspects.

♈ Aries, ♉ Taurus, ♊ Gemini, ♋ Cancer, ♌ Leo, ♍ Virgo, ♎ Libra, ♏ Scorpio, ♐ Sagitarius, ♑ Capricornus, ♒ Aquarius, ♓ Pisces.

♄ Saturne, ♃ Iupiter, ♂ Mars, ☉ Sol, ♀ Venus, ☿ Mercurie. ☾ Luna.

☌ Conjunction, ⚹ Sextile, □ Quadrat, △ Trine, ☍ Opposition, ☊ Dragons head, ☋ Dragons taile.

January

Ianuary hath xxxi. dayes.

If thou be ſick and helpe wouldſt have,
The counſell of the Learned crave:
If thou have health to keep thee ſo,
Flie idleneſſe as deadly Foe.

1	a	New yeers d.	Capri.	21	11	d	
2	b	Oct. of Steph.	Aqua	5	12	e	New moone the
3	c	Oct. of Iohn	Aqua.	19	13	f	firſt day, 42 min. af-
4	d	Oct. of Inno.	Piſces	3	14	g	ter high noone.
5	e	Edward dep.	Piſces	16	15	a	
6	f	Twelfe day	Piſces	29	16	b	Firſt quarter the
7	g	Felix & Ian.	Aries	12	17	c	8 day, 24 min. af-
8	a	Lucian prieſt	aries	24	18	d	ter 10 of the clocke
9	b	Agapite bir.	Taurus	6	19	e	at night.
10	c	Sol. in aqua.	Taurus	17	20	f	
11	d	Paul 1 herm.	Taur.	29	21	g	Full moone the
12	e	Archadius m.	Gemi.	11	22	a	17 day, about one
13	f	Hillarie biſh.	Gemi.	23	23	b	of the clock in the
14	g	Wed. com. in	Cancer	5	24	c	morning.
15		Maurice ab.	Cancer	17	25	d	
16		Marcel. bi.	Leo	0	26	e	
17	c	☽ ſun, after ☉.	Leo	13	27	f	Laſt quarter the
18		Piſca virgin	Leo	26	28	g	24 day, 55 minutes
19	e	Wolſtane bi.	Virgo	10	29	a	after 4 of the clock
20	f	Octab. Hillar.	Virgo	23	30	b	in the morning.
21	g	Agnes virgin	Libra	7	31	c	
22	a	Vincent.	Libra	21	1	d	February.
23	b	Terme begin	Scorp.	5	2	e	Purifica. of Mary.
24	c	Timothy	Scorp.	18	3	f	
25	d	Conv. of Paul	Sagit.	3	4	g	
26	e	Polycarp bi.	Sagit.	17	5	a	New moone the
27	f	Quind. Hill.	Capri.	1	6	b	31 day, 13 min. af-
28	g	Agnes the ſe.	Capri.	15	7	c	ter one of the clock
29	a	Valerius biſh.	Aquar.	0	8	d	in the morning.
30	b	Matild queen	aquar.	14	9	e	
31	c	Saturn & vi.	aqua.	28	10	f	

February hath xxviij dayes.

Be choise of food in any wise,
To keepe thee warme allo precise:
Beware noe Surgeon let thee blood,
Except the learned think it good.

1	d	Bridget Fast	Pisces	11	11	g	First quarter the
2	e	Purifi. of Ma.	Pisces	24	12	a	7 day, 54 minutes
3	f	Blake bishop	Aries	7	13	b	after 7 of the clock
4	g	Gilbert conf.	Aries	19	14	c	at night.
5	a	Agathe virg.	Taurus	2	15	d	
6	b	Dozo. virgin	Taurus	14	16	e	Full moone the
7	c	Angulus bi.	Taurus	25	17	f	15 day, 18 mi-
8	d	Sol in Pisces	Gem.	7	18	g	nutes after 3 of
9	e	Appolonia bi.	Gem.	19	19	a	the clocke in the
10	f	Scholast. vir.	Cancer	1	20	b	afternoone.
11	g	Enfrag. vir.	Cancer	13	21	c	
12	a	Terme ends	Cancer	26	22	d	
13	b	Wolfran con.	Leo	8	23	e	
14	c	Valentine	Leo	22	24	f	
15	d	Faustine	Virgo	5	25	g	Matthias Apostle
16	e	Julian mar.	Virgo	19	26	a	
17	f	Polycron. m.	Libra	3	27	b	
18	g	Simeon bish.	Libra	17	28	c	
19	a	Sabin mart.	Scorp.	1	1	d	
20	b	Wilfred vir.	Scorp.	15	2	e	March 1641.
21	c	69. Martyrs	Scorp.	29	3	f	
22	d	Peters chaire	Sagit.	14	4	g	
23	e	Policarp. Fast	Sagit.	28	5	a	Last quarter the
24	f	Matth. Apo.	Capri.	11	6	b	22 day, 37 min. af-
25	g	Inv. of Paul	Capri.	25	7	c	ter high noone.
26	a	Alexander bi.	Aqua.	9	8	d	
27	b	Augustin bi.	aqua.	23	9	e	
28	c	Oswald conf.	Pisces	6	10	f	

March hath xxxi dayes.

Now bleed and bathe if thou delire,
And purge alſo, if need require:
Ill humours doe in many breed,
Provide in time before thou need.

1	b	Dauid bish	Piſces	19	11	g	New moon the
2	c	Chad conf.	Aries	2	12	a	firſt day, 52 min.
3	d	Maurice.	Aries	15	13	b	after three of the
4	e	Adrian mart.	Aries	27	14	c	clock in the after-
5	f	Focas & Eu-	Taur.	9	15	d	noone.
6	g	Victor & vic	Taur.	21	16	e	
7	a	Shrovetunday	Gemini	3	17	f	First quarter the
8	b	Felix bep.	Gemini	15	18	g	9 day, 29 minutes
9	c	40. Martyrs	Gemini	27	19	a	after 4 of the clock
10	d	Vol in Aries	Cancer	9	20	b	in the afternoone.
11	e	Agapite virg.	Cancer	21	21	c	
12	f	Gregory bi.	Leo	3	22	d	Full moone the
13	g	Theodore	Leo	16	23	e	17 day, at 3 of the
14	a	1 ſun. in Lent	Virgo	0	24	f	clocke in the morn-
15	b	Wed. goes out	Virgo	13	25	g	ing.
16	c	Boniface bi.	Virgo	27	26	a	Annunc. of Mary
17	d	Ember week	Libra	12	27	b	
18	e	Edw. King	Libra	26	28	c	Laſt quarter the
19	f	Ioſ. ma. huſ.	Scorp.	11	29	d	23 day, 48 minuts
20	g	Cuthb. conf.	Scorp.	25	30	e	after 7 of the clock
21	a	2 ſun. in Lent	Sagit.	10	31	f	at night.
22	b	Aphrodole. b.	Sagit.	24	1	g	
23	c	Theodor. p.	Capri.	8	2	a	Aprill, 1641.
24	d	Egan. m.	Capri.	22	3	b	
25	e	Ann. of Mary	Aqua	6	4	c	
26	f	Caſſor mar.	Aqua	19	5	d	New moone the
27	g	Inuc. K. Carol	Piſces	3	6	e	31 day, 44 min. af-
28	a	Dorothy vir.	Piſces	16	7	f	ter 5 of the clocke
29	b	Quintine	Piſces	28	8	g	in the morning.
30	c	Quirine m.	Aries	11	9	a	
31	d	Adelm. bish.	Aries	23	10	b	

Aprill hath xxx. dayes.

Now wholsome Bathes thou mayest frequent,
Let blood also and not repent:
These be good meanes thee to defend,
From griefes, the which on thee attend.

1	g	Theodoze bi.	Taur.	6	11	c	
2	a	Mary Egypt	Taur,	18	12	d	First quarter the
3	b	Richard bish.	Gem.	0	13	e	8 day, 8 min. after
4	C	Ambrose con.	Gem.	11	14	f	10 of the clock in
5	d	Martian	Gem.	23	15	g	the afternoone.
6	e	Sixtus m.	Cancer	5	16	a	
7	f	Eufem virg.	Cancer	17	17	b	
8	g	Egesippus	Cancer	29	18	c	
9	a	Perpetuus b.	Leo	12	19	d	Full moone the
10	b	Sol in Taur.	Leo	24	20	e	15 day, 21 min. af-
11	C	Passion 7. bi.	Virgo	8	21	f	ter high noone.
12	d	Julian conf.	Virgo	21	22	g	
13	e	Simon bish.	Libra	5	23	a	
14	f	Tiburt mar.	Libra	20	24	b	
15	g	Oswald Arc.	Scorpio	5	25	c	Marke. Evange.
16	a	Isidore mar.	Scorpio	20	26	d	
17	b	Easter.	Sagit.	5	27	e	Last quarter the
18	C	Palm Sunday	Sagit.	20	28	f	22 day, 26 min.
19	d	Ephege Arc.	Capri.	5	29	g	after 3 of the clocke
20	e	Victor mart.	Capri.	19	30	a	in the morning.
21	f	Simeon bish.	Aqua.	3	1	b	
22	g	Soter Vir.	Aqua	16	2	c	
23	a	S. George	Pisces	0	3	d	May 1641.
24	b	Wilfride con.	Pisces	13	4	e	
25	C	Easter day	Pisces	25	5	f	
26	d	Clement ma.	Aries	8	6	g	New Moone the
27	e	Anatta. bish.	Aries	20	7	a	29 day, 23 min. af-
28	f	Vitalis mar.	Taur.	2	8	b	ter 9 of the clock at
29	g	Peter of Mil.	Taur.	14	9	c	night.
30	a	Erkenwald	Taur.	26	10	d	

May hath xxxj. dayes.

Rise early now this moneth of May,
And walke the Fields that be so gay:
From surfeting see thou refraine,
For soone it will procure thy paine.

1	b	Phi. & Iacob	Gemi	1	11	e	First quarter the 7 day, about midnight.
2	c	1 sū after Ea.	Gemi	20	12	f	
3	d	Wed. comes in	Cancer	2	13	g	
4	e	Godard arch.	Cancer	14	14	a	
5	f	Floxian.	Cancer	26	15	b	
6	g	Iohn Port. lat.	Leo	8	16	c	
7	a	Iohn Bever.	Leo	20	17	d	
8	b	Ap. of Mi.	Virgo	3	18	e	Full moone the 14 day, 6 minutes after 8 of the clock at night.
9	c	Tran. of Nic.	Virgo	16	19	f	
10	d	Gordian	Libra	0	20	g	
11	e	Sol in Gemi	Libra	14	21	a	
12	f	Terme begin	Libra	28	22	b	
13	g	Herbatt. con.	Scorp.	13	23	c	
14	a	Boniface mā.	Scorp.	28	24	d	
15	b	Isidore mar.	Sagit	13	25	e	
16	c	Tres Paschæ	Sagit.	26	26	f	Trinity sunday.
17	d	Tra. of Mar.	Capri.	13	27	g	
18	e	Dioscorus m.	Capri.	28	28	a	Last quarter the 21 day, 32 min. after high noone.
19	f	Dunstan arc.	Aquar.	12	29	b	
20	g	Bernardine	aquar.	26	30	c	
21	a	elen Queen	Pisces	9	31	d	
22	b	Iulian virg.	Pisces	22	1	e	Iune 1641.
23	c	Mense Paschæ	Aries	5	2	f	
24	d	Tran. of Fra.	aries	17	3	g	
25	e	Adelm. con.	aries	29	4	a	
26	f	Aug. of Eng.	Taurus	11	5	b	
27	g	Bede præsb.	Taurus	23	6	c	New moon the 29 about one of the clocke in the afternoone.
28	a	Germane con.	Gemini	5	7	d	
29	b	Cyron. mart.	Gemini	17	8	e	
30	c	Rogat. sund.	Gemini	29	9	f	
31	d	Petro. virg.	Cancer	11	10	g	

Iune hath xxx. dayes.

Drinke new or ſweet, taſt not at all,
For thereby growes no danger ſmall:
And to thy ſelfe ſuch paſtime take,
As may in God thee merry make.

1	e	Nichomed.	Cancer	23	11	a	First quarter the
2	f	Wed. goes out	Leo	5	12	b	6 day 56 minu
3	g	Ascention day	Leo	17	13	c	after 10 of the
4	a	Craft. Ascen.	Virgo	0	14	d	clocke in the aft
5	b	Boniface ma	Virgo	12	15	e	noone.
6	c	Pelon arch.	Virgo	25	16	f	
7	d	Terme ends	Libra	9	17	g	
8	e	Williams arch.	Libra	23	18	a	
9	f	Transl. of Ed.	Scorp.	7	19	b	
10	g	Transl. Yvon.	Scorp.	21	20	c	Full moons
11	a	Sol in Cancer	Sagit.	6	21	d	13. day, 7 min
12	b	Baldild conf.	Sagit.	22	22	e	after 3 of the
13	c	Whitsunday	Capri.	7	23	f	in the morning.
14	d	Basilius bi.	Capri.	22	24	g	
15	e	Vit. & mode.	Aqua	7	25	a	Last quarter
16	f	Transl. of Vit.	aqua	21	26	b	20 day. 50. m
17	g	Botolph con.	Pisces	5	27	c	before one of
18	a	Marcus & M.	Pisces	18	28	d	clock in the mo
19	b	Gervatius	Aries	1	29	e	ing.
20	c	Trinity Sund.	Aries	14	30	f	Peter and Paul
21	d	Wed. coms in	Aries	26	1	g	July 1641.
22	e	Albane in art.	Taurus	8	2	a	
23	f	Etheld. raut	Taurus	20	3	b	
24	g	Iohn Baptist	Gemi.	2	4	c	
25	a	Terme begins	Gemi.	14	5	d	
26	b	Iohn & Paul	Gemi.	26	6	e	New moone
27	c	Ded. Trinit.	Cancer	7	7	f	28 day, about
28	d	Leo bishop	Cancer	20	8	g	the clock in
29	e	Peter Apostle	Leo	2	9	a	morning.
30	f	Com. of Paul	Leo	14	10	b	

Faſt

July hath xxxi. dayes.

Perfume thy house with savours sweete,
But such as are for purpose meete.
Abroad as thou in streetes doest goe,
Defend thy selfe from stinkes also.

1	g	Octa of Iohn	Leo	27	11	c	First quarter the
2	a	Visi. of Mary	Virgo	9	12	d	5 day 12 min. after
3	b	Tra. of Tho.	Virgo	22	13	e	7 of the clock at
4	c	Quind Trini.	Libra	5	14	f	night.
5	d	Zoe virgin	Libra	19	15	g	
6	e	Oct. of S Pe.	Scorp.	2	16	a	
7	f	Martialis	Scorp.	16	17	b	
8	g	Chillian	Sagit.	1	18	c	
9	a	Cirill mar.	Sagit.	15	19	d	Full moone the
10	b	7. Brethē m.	Capri.	0	20	e	12 day, 14 minutes
11	c	Tres Trinit.	Capri.	15	21	f	after 10 of the
12	d	Nab. & Felix	Aqua.	0	22	g	cloche in the fore-
13	e	Sol in Leo	Aqua.	15	23	a	noone.
14	f	Terme ends	Aqua.	29	24	b	
15	g	Swithen	Pisces	13	25	c	James Apostle.
16	a	Trā. of Olm.	Pisces	27	26	d	Last quarter the
17	b	Kenelm king	Aries	10	27	e	19 day, 39 minutes
18	c	4 San ak. Tri	Aries	22	28	f	after 2 of the clock
19	d	Dog da. begin	Taur.	5	29	g	in the afternoone.
20	e	Marga. vir.	Taur.	17	30	a	
21	f	Praxe. virgin	Taur.	28	31	b	August 1641.
22	g	Mary Magd.	Gemi.	10	1	c	
23	a	Apolina. ma.	Gemi.	22	2	d	
24	b	Christian. ma.	Cancer	4	3	e	
25	c	James Apost.	Cancer	16	4	f	New moone the
26	d	Jn. Mo ma.	Cancer	28	5	g	27 day, 51 min. af-
27	e	7. Sleepers	Leo	11	6	a	ter 5 of the clock
28	f	Hampson bi.	Leo	23	7	b	in the afternoone.
29	g	Felix & Fel.	Virgo	6	8	c	
30	a	Abdon & Se.	Virgo	19	9	d	
31	b	German ma.	Libra	2	10	e	

Auguſt hath xxxj. dayes.

As burning heate will thee deſtroy,
So ſhivering cold will thee annoy:
Let little ſleep thee now content,
Purge not nor bleed, leaſt thou repent.

1	C	6 Sũ. af. Tr.	Libra	15	11	f	First quarter the
2	d	Stephen bi.	Libra	29	12	g	4 day, 51 min. af-
3	e	Inv. of Ste.	Scorp.	13	13	a	ter one of the clock
4	f	Iuſtin ppt.	Scorp.	27	14	b	in the morning.
5	g	Feſtum N.	Sagit.	11	15	c	
6	a	Tranſigura.	Sagit.	25	16	d	
7	b	Feaſt of Je.	Capri.	10	17	e	
8	C	7. ſũ. af. Tri.	Capri.	24	18	f	
9	d	Romane mar.	Aqua.	9	19	g	Full moone the
10	e	Laurence	aqua.	23	20	a	10 day, 41 min. af-
11	f	Tiburt mart.	Piſces	7	21	b	ter 6 of the clock in
12	g	Clare Virgin	Piſces	21	22	c	night.
13	a	Sol in Virgo	Aries	5	23	d	
14	b	Euſebius	aries	18	24	e	Barthol. Apoſtle
15	C	Aſſum. of M.	Taurus	0	25	f	
16	d	Rochus mar.	Taur.	13	26	g	
17	e	Oct. of Lawr.	Taur.	25	27	a	Laſt quarter the
18	f	Agapite bir.	Gemini	7	28	b	18 day 51 minute
19	g	Lodowick m.	Gemi.	18	29	c	after 7 of the clock
20	a	Magnus ma.	Cancer	0	30	d	in the morning.
21	b	Bernard con	Cancer	12	31	e	
22	C	Oct. Aſſum.	Cancer	24	1	f	September.
23	d	Tymo. Faſt	Leo	6	2	g	
24	e	Bartho. Apo.	Leo	18	3	a	
25	f	Lewes King	Virgo	2	4	b	
26	g	Dog. da. end	Virgo	15	5	c	New moone the
27	a	Rufus mar.	Virgo	28	6	d	26 day, 47 min. af-
28	b	Auguſt. biſh.	Libra	12	7	e	ter 6 of the clock in
29	C	John behead.	Libra	26	8	f	the morning.
30	d	Felix & And	Scorp.	10	9	g	
31	e	Cuthb. virg.	Scorp.	24	10	a	

September hath xxx dayes.

Raw fruit though ripe may ſickneſſe bring,
Vnripe much eaten, a dangerous thing:
If now a Surfet thou doſt take,
When others ſleep, then thou muſt wake.

1	f	Giles abbot	Sagit.	7	11	b	First quarter the
2	g	Anthony ma.	Sagit.	22	12	c	2 day, 47 minutes
3	a	Gregory	Capri.	6	13	d	after 7 of the clock
4	b	Tran. of Cut.	Capri.	20	14	e	in the morning.
5	C	Bertine ma	Aquar.	4	15	f	
6	d	Eugenius	aqua.	18	16	g	
7	e	Elizabeth	Piſces	2	17	a	
8	f	Nat. of Mary	Piſces	16	18	b	Full Mwone the
9	g	Gorgon mar	Piſces	29	19	c	9 day 27 min. after
10	a	Silvius biſh.	Aries	13	20	d	5 of the clock in the
11	b	Proth. & Ja.	aries	26	21	e	morning.
12	C	12 ſun af. Tr.	Taur.	8	22	f	
13	d	Sol in Libra.	Taur.	21	23	g	Mathew Apoſtle
14	e	Exalt. of Cr.	Gemi.	3	24	a	
15	f	Ember week	Gemi.	15	25	b	Laſt quarter the
16	g	Octa. of Mary	Gemi.	26	26	c	17 day, 51 min.
17	a	Lambert ma.	Cancer	8	27	d	after 2 of the clock
18	b	Vict. & Coz.	Cancer	20	28	e	in the morning.
19	C	13 ſũ. af. Tr.	Leo	2	29	f	
20	d	Euſtact. Fait	Leo	14	30	g	
21	e	Mathew Ap	Leo	27	1	a	
22	f	Maurice	Virgo	10	2	b	
23	g	Tecla virg.	Virgo	23	3	c	Michael Arch.
24	a	Indoch. ma.	Libra	7	4	d	
25	b	Firmin. biſh.	Libra	21	5	e	October.
26	C	14 ſũ. af. Tri.	Scorp.	5	6	f	
27	d	Coſme & Da.	Scorp.	20	7	g	New moone the
28	e	Exuper. biſh.	Sagit.	4	8	a	24 day, 52 min. af-
29	f	Mich. Arch.	Sagit.	18	9	b	ter 6 of the clock at
30	g	Jerome pr.	Capri.	3	10	c	night.

October hath xxxj dayes.

Warme clothes must now provided be,
Also warme meats be good for thee:
Have good regard thy feet be dry,
Thou shalt avoid much harme thereby.

1	a	Remigius bi.	Capri.	17	11	d	First quarter
2	b	Leodegar.bi.	Aqua.	1	12	e	the first day, 6 m
3	c	15 sū.af.Tri.	Aqua.	15	13	f	after 2 of the clock
4	d	Francis con.	Aqua.	28	14	g	in the afternoone.
5	e	Apolina mar.	Pisces	12	15	a	
6	f	Octab. Mich.	Pisces	25	16	b	
7	g	Marcus.p m.	Aries	8	17	c	Luke Evangelist
8	a	Pelagie virg.	aries	21	18	d	
9	b	Terme begins	Taurus	4	19	e	
10	c	16 sū af. Tri.	Taur	16	20	f	Full moone the
11	d	Nichallus m.	Taur.	29	21	g	8 day 31 min. after
12	e	Wilfride bi	Gemi.	11	22	a	7 of the clock at
13	f	Sol in Scorp.	Gemi.	23	23	b	night.
14	g	Calixt. bishop	Cancer	4	24	c	
15	a	Wolfran bish.	Cancer	16	25	d	Last quarter the
16	b	Mich. mo.	Cancer	28	26	e	16 day, 19 min.
17	c	17 sū.af.Tri.	Leo	10	27	f	after 10 of the clock
18	d	Luke Evang	Leo	22	28	g	at night.
19	e	Frideswide v.	Virgo	5	29	a	Simon & Iude.
20	f	Tres Mich.	Virgo	18	30	b	
21	g	11000. Virg.	Libra	1	31	c	New moone the
22	a	Mary Mals.	Libra	15	1	d	24 day, 23 min. af-
23	b	Roman con.	Libra	29	2	e	ter 6 of the clock
24	c	18 sū af. Tri.	Scorp.	14	3	f	in the morning.
25	d	Crispin.s C.	Scorp.	29	4	g	November.
26	e	Evaristi.	Sagit.	13	5	a	
27	f	Florent. Fast	Sagit.	28	6	b	
28	g	Simon & Iude	Capri.	13	7	c	First quarter the
29	a	Narcissus m.	Capri.	27	8	d	30 day, 9 min. af-
30	b	Germane	Aqua.	11	9	e	ter 10 of the clocke
31	c	Quin.br. Fast	Aqua.	25	10	f	at night

November hath xxx dayes.

If Rheumes doe now moleſt thy head,
It is not ill to ſweat in Bed.
Feed on good meates if ſtomack ſerve,
Elſe ſeek for that which doth preſerve.

1	d	All Saints	Piſces	9	11	g	Full moone the 7 day, 14 minutes after high noone.
2	e	All Soules	Piſces	22	12	a	
3	f	Craſt. anima.	Aries	5	13	b	
4	g	Amantius bi.	Aries	18	14	c	
5	a	Powder Ir.	Taurus	0	15	d	
6	b	Leonard Ab.	Taur.	13	16	e	
7	c	20 ſũ af. Tri.	Taur.	25	17	f	
8	d	4. crowned	Gemi.	7	18	g	Laſt quarter the 15 day, 47 min. after 4 of the clocke at night.
9	e	Theodore m.	Gemi.	19	19	a	
10	f	Bennet.	Cancer	1	20	b	
11	g	Martin biſh.	Cancer	13	21	c	
12	a	Sol in Sagit.	Cancer	25	22	d	
13	b	Bzice confe.	Leo	6	23	e	
14	c	21 ſũ af. Tri.	Leo	19	24	f	
15	d	Macute biſh.	Virgo	1	25	g	New moone the 22 day, 17 min. after 5 of the clock at night.
16	e	Edmund bey.	Virgo	13	26	a	
17	f	Hugh biſhop	Virgo	26	27	b	
18	g	Oct. of Mar.	Libra	10	28	c	
19	a	Elizabeth	Libra	23	29	d	
20	b	Edmund K.	Scorp.	7	30	e	
21	c	21 ſũ af. Tri.	Scorp.	22	1	f	Andrew Apoſtle. December.
22	d	Cecelie virg.	Sagit.	7	2	g	
23	e	Clement m.	Sagit.	22	3	a	
24	f	Chryſog. ma.	Capri.	7	4	b	
25	g	Quind mar.	Capri.	22	5	c	
26	a	Linus mart.	Aqua	7	6	d	
27	b	Agricola	Aqua.	21	7	e	First quarter the 29 day about 9 of the clocke in the morning.
28	c	Advent ſun.	Piſces	5	8	f	
29	d	Terme ends	Piſces	19	9	g	
30	e	Andrew Ap.	Aries	2	10	a	

Faſt

December hath xxxj dayes.

Now Cold *December* is come in,
And poore mans back is clothed thin:
Feed and cloth them as you may,
The Lord will it threefold repay.

1	f	Eligius bish.	Aries	14	11	b	Full moon the 7 day, 24 min. after 7 of the clock in the morning.
2	g	Libanus ma.	Aries	27	12	c	
3	a	Barbara vir.	Taur.	10	13	d	
4	b	Olmund con.	Taur.	22	14	e	
5	c	2 sū in Adve.	Gemini	4	15	f	
6	d	Nicholas bi.	Gem.	16	16	g	
7	e	Oct. of Andr.	Gemi.	28	17	a	
8	f	Con. of Ma.	Cancer	10	18	b	
9	g	Cyprian abb.	Cancer	21	19	c	Last quarter the 15 day, 12 minuts after 9 of the clock in the forenoone.
10	a	Eulalie virg.	Leo	3	20	d	
11	b	Damasus c.	Leo	15	21	e	
12	c	Sol in Capri.	Leo	27	22	f	
13	d	Lucie virgin	Virgo	10	23	g	
14	e	Ember week	Virgo	22	24	a	
15	f	Valerius cō.	Libra	5	25	b	Christmas day
16	g	O sapientia	Libra	18	26	c	St. Stephens
17	a	Lazarus con.	Scorp.	2	27	d	Iohn Evangelist
18	b	Gratian bish.	Scorp.	16	28	e	Innocents.
19	c	4 sū. in Adve.	Sagit.	0	29	f	New moon the 22 day, 46 min. after 3 of the clock in the morning.
20	d	Iuli. ma. Fast	Sagit.	15	30	g	
21	e	Thomas Ap.	Capri.	0	31	a	
22	f	30. Martyrs	Capri.	16	1	b	Ianuary 1642.
23	g	Victoria virg.	Aqua.	1	2	c	
24	a	Eandy Fast	Aqua.	16	3	d	
25	b	Christmas	Pisces	0	4	e	
26	c	S. Stephen	Pisces	15	5	f	
27	d	Iohn Evang.	Pisces	28	7	g	First quarter the 28 day, 20 min. at. 11 of the clock at night.
28	e	Innocents.	Aries	11	8	a	
29	f	Thom. Bec.	Aries	24	9	b	
30	g	Tra. of Ianes	Taurus	7	10	c	
31	a	Silvester ma.	Taurus	19		d	

Neve. 1641.

A Prognostication, serving for the yeere of our Lord God and Saviour *Iesus Christ*, 1641.

Wherein you may observe the grounds of the alteration and condition of the 4 Quarters of this yeere: As also the disposition of the Ayre, for each severall moneth, according to the inclination of the Cœlestiall bodies, with the change of the Moone, her full, and quarters, and the time of the Eclipses, and other necessary observations, convenient in such a Worke to be noted.

Calculated, and especially referred, to the Longitude and Elevation of the Pole Articke of the ancient and famous Citie of *Norwich*, and may *serve for all England.*

Collected and published by John Neve, *Gent.*

Printed at *London* by E. P. for the Company of *Stationers*, 1641.

A neceſſary Rule, for the beginning and ending of the 4 Termes, with their Returnes.

Hillarie Terme begins *Ianuary* 23. and endeth *Febr.* 12. and hath 4 Returnes.

Octab. Hilar.	Ian. 20	Craſt. Purif.	Feb. 3
Quind. Hilar.	Ian. 27	Octab. Purif.	Feb. 9

Eaſter Terme begins May 12. and endeth Iune 7. and hath 5 Returnes.

Quind. Paſch.	May 9	Quinq; Paſch.	May 30
Tres Paſch.	May 16		
Menſe Paſch.	May 23	Craſt. Aſcen.	Iune 4.

Trinitie Terme begins. *Iune* 25 and endeth Iuly 14. and hath 4. Returnes.

Craſt. Trin.	Iune 21	Quind. Trin.	Iuly 4
Octab. Trin.	Iune 27	Tres Trin.	Iuly 11

Michaelmas Terme begins *October* 9. and endeth *Nouember* 20. and hath 8 Returnes.

Octab. Mich.	Octob. 6	Craſt. Anim.	Nov. 3
Quind. Mich.	Octo. 13	Craſt. Mart.	Nov. 12
Tres Mich.	Octo. 20	Octab. Mart.	Nov. 18
Menſe Mich.	Octo. 27	Quind. Mart.	Nov. 25

Note that the Exchequer openeth 8 dayes before any Terme begins, except *Trinitie* Terme, in which it openeth 4 dayes before.

On theſe dayes following, the Iudges ſit not at *Weſtminſter*.

In { *Hillarie* / *Eaſter* / *Trinitie* / *Micha.* } Terme on { *Candlemas* / *Aſcention* / *Midſummer* / *Allhallond* } Day.

Certaine profitable Rules and briefe obſervations concerning Husbandry.

The beſt time to ſowe all kinde of corne, is when the moone goeth her courſe in Cancer.

The beſt time to plant and graft, when the moon is in a fixed ſigne, eſpecially in Taurus or Aquarius, and in the increaſe of the Moone, which is between the change and the full.

To ſet and ſow all kind of ſeedes, the moone being well ſeated in Aries, Taurus, Cancer, Virgo, Libra, Capricornus, Aquarius, or Piſces.

Fell Tymber to build withall, when the moon is towards the laſt quarter, ſhe being then in Aquarius or Piſces.

Crop trees, and fell wood to burne, that the ſtocks may the better and ſooner grow againe, when the Moone is in the firſt Quarter.

Remove and ſet young trees, in the laſt Quarter of the moone, in Taurus, or Capricornus, and that in the monethes of September, October, November, and February.

The beſt time to geld Cattell, the moone being in Aries, Sagittarius, or Capricornus.

The beſt time to cut vines is in February or March, the moone increaſing in Taurus, Virgo, or Libra.

The beſt time to ſheare ſheepe, is in the encreaſe of the moone, that is, from the change to the full.

To cut haire, that it may the ſooner grow again, the moone increaſing in Taurus, Virgo, or Libra.

To muckе your Land, that the weedes may not grow thereby, is in the decreaſe of the Moone, that is from the full to the change.

A Prognostication.

Of the Eclipses, which shall happen this present yeere, of our Lord God 1641, according to the demonstration of Reinhold and *Tycho*

Foure Eclipses, of the 2 great Luminaries, of lighes of the world, will be this yeer presented to the view of the Inhabitants of the earth: 2 of the moon, and 2 of the sun, whereof the latter only of the moon, will appeare visible in our Horizon.

Of the first Eclipse.

Upon the 15 day of Aprill, according to our account, but after the Gregorian yeere, on the 25 of the same moneth, the moon shall appeare to be Eclipsed, about one of the cloche in the morning, unto our antipodes, and to the people which inhabite in Persia, India, China, & in part of America from the 86 degrees of Longitude, unto the 326 degrees of longitude, the moon being not far from Caput draconis, about the 4 degrees in Scorpio, in a signe of the watery tryplicitie, colde moyst, feminine, nocturnall, fixed, the house by night of Mars. The degrees Eclipsed, are 10 & 2 minutes, the totall duration of this Eclipses, will be three houres and 13 minutes.

Of the second Eclipse.

There shall visibly appeare, a great Eclipse of the sun, towards the East, in the occidentall part of Peruana, Peruia, Chilia, and the adiacent Iland, in the peaceable sea, called Delsur, in the longitude of 260 degrees, and in the 31 degrees of South latitude, on the 29 of April, according to our Julian yeer, but in the reformed Lilian yeer, on the 9 of May, about 9 of the cloche at night, after the setting of the Sun with us, both the great lights, being about the 18 degrees of Taurus, not far from Cauda draconis. The poynts or degrees Eclipsed, are 11 and 22 minutes. The whole continuance from the beginning to the end, will be three houres and 40 minutes.

Of

Of the third Eclipse.

Upon the 8 of October being friday, halfe an houre after 7 of the clocke at night, will appeare another partile Eclipse of the moon, heere with us in England in our horizon, she being at that instant situated about the 25 degrees of Aries, and diametrally opposite unto the Sun, not far from the Dragons tayle, in a signe of the partition of the fiery triplicity, naturally hoat and dry, of complexion chollericke, masculine of the day, moveable, the house of Mars by day, and the exaltation of the Sun. The poynts or degrees Eclipsed, shalbe 8 and 15 minutes, this lunary obscuration, will continue three houres, and 10 minutes.

Of the fourth Eclipse.

The Sun the eye of the world, shal againe be Eclipsed, on the 24 of October, accoording to our computation, but in the reformed Gregorian yeer, on the 3 of November, betweene 6 and 7 of the clocke in the morning, before his rising with us heer in England, both the lights being at that very time conjuncted, in the 10 degrees of Scorpio, or there about.

This accident all obscuration of the Sunnes, will shew it selfe unto those people, that are more situated towards the East, as Lituania, Muldavia, &c. Whose longitude is 121 degrees, & in the 33 degree of North latitude. The poynts or degrees Eclipsed, are 12 & 15 min. the whol continuance wil be 3 houres & 50 min.

Briefe Rules and necessary Observations, concerning Bleeding, Bathing, Purging, and Sweating, according to the motions of the Moone.

When the weather is extreme hot or cold, it is not then convenient, eyther to let blood, or to purge, unlesse some great necessity doe requireit: yet notwithstanding, if this blood-letting be for the Phrenzie, the Apoplexie, for a continuall head-ach proceeding of choler or blood, or any hot burning feaver, or other extreame payne, a man in such a case, may not stay for a chosen time, because the

tient might miscarry in the meane season.

But in this aforesaid case of extreamity, blood is not to be let in such a quantity, as otherwise it would, if a chosen time might be expected.

The best time to let the Phlegmaticke blood, is when the Moone is in Aries, or Sagitta. the head and thighes excepted.

For the Melancholy, the Moone being in Libra, or Aquarius, the buttocks and legs excepted.

For the chollerick, the moone being in Cancer, Scorpio, or Pisces, the breast and feet excepted.

For the Sanguine, all be good aforenamed.

In spring let blood on the right side.

In harvest, let blood at the left side.

For Bathing.

Bathings are commonly used rather for pleasure then for profit, especially where hot houses are overmuch haunted, but I intend not to speake of them, otherwise then to advertize those that tender their own health, to be wary and circumspect in resorting to, without cause, and immediately after, or with such persons as be uncleane. Know that it is not good to bathe, the Moone being in earthly signes, as in Taurus, Virgo, or Capricornus, the reason is, because they are of a cold nature, and the nature of cold is to restrain & bind. also the moon being in these signes, the pores of the body are closed and shut, so that there can be no resolution of humors and superfluities, which by bathing ought to be avoyded But in fiery signes, as when the Moone is in Aries, Leo, or Sagitta. then it is a good time for Bathing, for then the body is apt to resolution, it is the nature of heat to open and resolve.

It is best bathing 2 or 3 dayes after the change, and at the full of the Moone, for then the superfluities are ripe and ready to avoyd, and disposed to flow and issue out, which indeed is the end and use of bathing.

If any will enter into the Bath for cleanneſſe ſake, let the Moone be in Libra, or Piſces.

Furthermore, if bathing be uſed for health, let the partie grieved, learne of the wiſe Phyſician, whether his ſickneſſe hath need of moyſtning or drying, for if it require moyſtning, as in Phthiſis, and ſuch like, then let him bath in watry ſignes, having good aſpects with Iupiter or Venus. But if the ſickneſſe require drying, as in Paralyſis, & the like, then let him bath the Moone being in fierie ſignes, having good aſpects with Mars and the Sun.

Alſo before you enter into any bath, your body muſt be firſt prepared and purged, for if you goe in unprepared, peradventure you may be worſe then before.

The beſt time of the yeere to bath in, is the Spring and Harveſt, and in the moneths of May and September.

The beſt time of the day to goe into the bath, is one houre after the Sun riſing at the leaſt, alwayes provided, that you walk either an houre or halfan houre before, and have a good ſtoole either by nature or Art: you muſt cover your head well, ſo long as you be in the bath, and beware you drinke not cold drinke, although you be very thirſty, but forbeare all things that be cold, leaſt when you are hoat within, cold ſtrike ſuddenly into ſome principall member and hurt you.

The time of tarrying in the bath, is commonly one houre, but it may be more or leſſe, according to the nature of the bath, or ſickneſſe of the party, at the diſcretion of the wiſe Phyſician.

For Purging.

In purging, theſe 5 things ought to be known.

1. The humour which aboundeth.
2. The beſt way to avoyd it.
3. The ſtrength of the perſon.
4. The maner of the ſickneſſe.
5. The force & nature of the medicine.

For when these things are not considered, and observed, many perilous accidents may follow, and greatly hurt the body.

Good signes for purging generally, are Cancer, Scorpio and Pisces: particularly, with pottions or drinkes, the moone being in Scorpio.

Purge with electuaries, the moon being in Cancer.

Purge with pilles, the moone being in Pisces.

Take Preparatives, the Moone being in Gemini, Libra, or Aquarius.

Take vomits, the moon being in Aries, Taurus, or Capricornus.

Take Gargarisms, the ☽ being in ♈, ♉, or Capricor.

Take Glysters, the moon being in Libra or Scorpio.

To provoke Neesings, the moon being in Cancer, Leo, or Libra.

To stop Fluxes, Rheumes, and Laxes, the ☽ being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue Attractive, the ☽ being in Aries, Leo, or Sagittarius.

Good to comfort the vertue Digestive, the ☽ being in Gemini, Libra, or Aquarius.

Good to comfort the vertue Retentive, the ☽ being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue Expulsive, the ☽ being in Cancer, Scorpio, or Pisces.

For using of Unguents or Plaisters, they are best to be applyed and used, when the ☽ is in that sign which governeth the same member or part of the body, to which it is applyable.

For Sweatings.

Sweatings, as they are of two sorts, that is to say, naturall and artificiall, so they are used for two ends and purposes: The naturall Sweat, if good heed be taken, in opening of the pores will dissolve grosse and thicke humours, will cleanse the blood, will comfort the spirits, will put away cold, will

will

conſume raw humours, quallifie and quench raging fevers, will helpe numbneſſe, and the Dropſie. The artificiall Sweat, will cleanſe ſcabs, put away itch, amend dulneſſe in hearing, eaſe the Stone, reſolve congealed and cold melancholy blood and humours. But for the better performing, and effectuall working in theſe cauſes, the counſell of the learned Phyſician is to be deſired and uſed.

The beſt and meeteſt ſignes to ſweat in, are Leo, Aries, & Sagittarius, and that two or three dayes after the change, and at the full of the Moone.

And note, that ſweating is better to be done in the evening then in the morning; for when the body hath nouriſhment within, the ſpirits ſhall not be drawne utterly forth, to the extreme parts.

Note further, that leane folkes, and feeble perſons, muſt ſweat little, for it will hurt them much: but fat folkes may ſweat well, and it will doe them much good.

A brief Deſcription of the foure Quarters of this yeere of our Lord God, 1641.

Of Winter.

WInter, (which is the cheefeſt capitall foe for the Spring, the diſgrace of Summer, and the deep devourer of the fruitfull Harveſt) began to take his effects according to our uſuall computation, the 11 of December, in the yeere aforegoing, at the firſt entrance of the ſunne into the firſt minute of the ſigne Capricornus, at which time the Sun ſhall be at his greateſt South declination from the Equinoctiall line, ſo that he riſeth ſouth-eaſt, and ſetteth ſouth-weſt. Now is the Hiemall or winter ſolſtice, for the ſunne is ſo farre removed from our Zenith, or verticall point, that he cannot decline any further, and ſtands at a ſtop or ſtay, and then is the ſhorteſt day, and longeſt night in the yeere, and ſo this quarter doth continue untill the 10 of March next following.

This

A Prognostication.

This season is by nature cold and moyst, unpleasant for the most part to travellers, either by land or sea, and unto aged persons, it is very combrous & noysome, causing superfluity of rawnesse, and abundance of cold moystnesse, to overflow their bodyes, to their great trouble and disquietnesse.

The diseases likely to pursue us this quarter, are many strange Agues, proceeding or caused through superfluous crudity of uncōcocted humors, also cathars, Rheumes, headach, toothach, coughes, palsies, swellings in the cheekes, and throat, with some Goutish or running paines in the ioynts, &c.

Thus will the Starres, if God assent,
Whose power alone can all prevent.

Of the Spring.

The Sun, (which is the eye of the world, the fountaine of light, and chiefe moderator of all the rest of the lights) hath like a Gyant run his race, and finished his Revolution (Gradatim) throughout the 12. signes, and now this 10. of March, beginneth his tourney a fresh againe, and goeth an even course, and soe becomes an indifferent Arbiter between the day and night, and maketh an equality throughout his whole government, to the great ioy and comfort of all his revived subiects, chearing with his splendant countenance, the poore weather-worne weeds, of this our darke starre of mortality, (which the darkened countenance of Winters extremity had almost subdude,) with his excellent presence, whereat the earth begins to smile, and to put on her new apparell, the flourishing livery of fresh Flora.

This season is by nature hot and moyst, the most temperate time of the yeere, and the least breeder of sicknesse, that doth procure death, and a very convenient time for the removing of sicknesses, and griefs gotten before, and also to avoyd and prevent those that are to come: for now the dull sences and

spirits

spirits of man and other creatures, are quickned and revived, and therefore the humours which doe abound, and are readiest to represse nature, are fit to be emptied and avoyded, whether by blood-letting, purging, or otherwise, as the learned Physicion shall advise, and as the cause of the disease shall require: such therefore as be diseased, let them not neglect this time.

The sicknesses like to raigne & rage this Quarter, are small Poxes, Measels, Squinances, Fevers, Megrime, paine in the eyes, Jaundies, itchings, pushes, with many other maladies, proceeding from the corruption of the blood, which at this time of yeere beginneth to abound.

Infections from the Starres may fall,
But One above doth stay them all.

Of Summer.

Summer, the third part of our vulgar yeere, according to our usuall computation: Now when the Sun hath fully determined the Spring, with his last Grade of Gemini, and hath moved in his motion to the highest point of his course, namely to the first degree of Cancer, which shall be this yeere, the 11. of June. Now is the second Solstice of the yeere, called the Estivall or Summer Solstice, for even as the Sunne when hee entreth into Capricorne, hath his greatest South declination from the Equinoctiall line: So now at his ingresse into the beginning of Cancer, he hath his greatest declination towards the North, from the said Equinoctiall line, and even then as at the time of Winter Solstice, he was so farre removed from our verticall point, that hee could not move no further towards the South, and was therefore to approach againe towards our North Latitude, at which time hee seemeth to stand: so now being come so neere our Zenith that he cannot remove no further towards

towards the North, and is therefore to rebert again to ♑ South Latitude. At the first going from us, he seemeth also to stand; insomuch, that even as before at his returne towards us againe, he made with us the shortest day and longest night in the yeer; so now at his returne from us, he maketh with us contrariwise, the longest day and shortest night in the yeere: and afterwards declineth more and more from us, like as before he moved more towards us.

This season according to his proper nature, is hot & dry, turning the humours of mens bodies into hotnesse & dryenesse, resembling the element of fire, & complexion of Choler, bringing all Fruits to their ripenesse, Cattell to their fatnesse, & men to their wealth.

The infirmities most like to prevaile on mens bodies this quarter, are (according to the judgement of Hypocrates, and other learned Physitians,) hot Apostames and Agues, Phrensies, Madnesse, burning feavers, inflamation of the eyes, ulcerations of the mouth, payne and griefe of the fundament, and bladder, proceeding of hot, flymy, and sharpe humours, especially to young men of cholericke constitutions.

Though Starres incline to worke us ill,
All shall be as the Maker will.

Of Autumne.

Autumne, according to our accustomed computation, the last quarter of this yeere beginneth at the Sunne departure from the last scruple of Virgo, into the first degree of the second equinoctiall signe Libra, the which will be this yeere on the thirteenth day of September, the day and night being of an equall length as in the spring: at which time is the Autumnall Equinoctiall, for even as at the Sunnes entrance into Aries, the day by encreasing from the winter solstice, still then, came to be equall with the night, going on still more & more till ♋ Summer

Solstice

Solſtice, when was the longeſt day, & ſhorteſt night: ſo now the night by increaſing frō the Eſtival Solſtice, to this the Suns ingredience into Libra, hath got to be equall with the day, and ſhall encreaſe more and more, till the Brumall Solſtice come againe, when the night is longeſt and the day ſhorteſt.

This time of the yeere is of it ſelfe unconſtant and variable, warm in the day time, and cold in the night. This quarter, becauſe of ẏ inequality of tẽperature, may, as Hippocrates ſaith, be called ẏ mother or nurſe of deadly ſickneſſes. And Galen ſaith, that this time of the yere is very dangerous for taking ſickneſſes.

The bodily diſeaſes, whereunto mans frailty is ſubiect unto this Quarter, are more then many and almoſt all that can be named, but the chiefe are obſtructions of the breaſt and lungs, Collicks, toyntaches, and generally all diſeaſes proceeding of groſſe and tough flegme incident eſpecially to perſons above 50 yeeres of age. From which and all other diſeaſes, eſpecially the ſpeckled leproſie of the ſoule, Good Lord deliver us. Amen.

Thus every Planet in his kind,
Is to performe the Almightiesmind.

A Declaration of the inclination and diſpoſition of the Winds and Weather, according to the divers motions and influences of the erraticall and fixed Starres: with the day, houre, and minute of the change of the Moon, her full and quarters; and alſo of the riſing and ſetting of the Sun, in every 7 day of every moneth of this preſent yeere of our Lord God, 1641.

Of Ianuary.

Day.	The Sun riſeth	The Sun ſetteth
1	hou. 8. and 3 min.	hou. 3. and 57 min.
7	hou. 7. and 56 min.	hou. 4. and 4 min.
14	hou. 7. and 46 min.	hou. 4. and 14 min.
21	hou. 7. and 34 min.	hou. 4. and 26 min.
28	hou. 7. and 23 min.	hou. 4. and 37 min.

Laſt

First Quarter the 8. day 24. min. after 10 of the clock at night, sitting the season.

Full Moone the 17 day, about one of the clock in the morning, frosty and cold.

Last Quarter the 24. day 55 min. after 4 of the clocke in the morning, some stormy moysture.

New Moon the 31. day 13. mi. after 1 of the clock in the morning, frosty weather.

Ianuaries Abstract.

In this moneth let not bloud, neither use but little physicke, except great necessity constraines thee, and beware of taking cold, for in this moneth Rheumes & flegme doe much increase: to fast long is hurtfull, but to drinke white wine fasting, is good & wholesome, use meates that are naturally hot, moderatly, and weare warme cloathes.

In worldly business this moneth, you may set all kind of common frutt trees, or plants, as Peares, Plum, Cherry, Filbert, Walnut, & such like Hawthorne, & all sorts of quicksets trees or plants, are fittest to be generally set, from the change to the first Quarter.

Take away mosse & superfluous branches from your trees: & this moneth is good to set Beanes, Pease, Parsnips, Radish, Leeks, Garlicke, Turneps & Onions, if the weather be mild, & the Moon past the full, you may begin to graft at the end of this moneth, so as the Moone be increasing in her light. Good husbands also this moneth crop their trees, fell timber, & geld Cattle, such as are to be gelded, the state of the Moone alwayes considered.

Of Februarie.

Day.	The Sun riseth	The Sun setteth.
1	hou. 7. and 13 min.	hou. 4 and 47 min.
7	hou. 7. and 4 min.	hou. 4 and 56 min.
14	hou. 6. and 50 min.	hou. 5 and 10 min.
21	hou. 6. and 34 min.	hou and 26 min.
28	hou. 6. and 22 min.	hou. and 38 min.

First

First Quarter the 7. day 54 min. after 7 of the clock in the afternoone Stormy nd unconstant.

Full Moone the 15 day, 18 min. after 3 of the clocke in the afternoone, cloudy and darke weather.

Last quarter the 22 day, 37 min. after high noon, apt for the time or season.

Februaries Abstract.

In this moneth all slimy fish milke, & Rice, and such like that doe opptiate or stop the liver & veines, or thicken the blood, are to be eschewed, as enemies to health, & also yet forbeare physicke and letting of blood, except necessity doe urge, & learned counsell doe advise you, beware now of taking cold, for now are Agues apt to be taken, & it is very ill to take heates, and afterwards sodaine cold upon them.

Now is the most apt time to graft or plant, & to set all kind of trees & bushes, the wind and weather, & age of the Moone considered: Pease, Beanes, Hastings, Onyons, Parsnips, & such like, as in January, may very fitly be set, in the wane of the Moone.

The time is now to trim up Gardens, to set and sow all kinde of kitchin hearbes, to set slips, sow kernels, mustard-seeds, oates, set hops, cut vines, & prune them, stick up your rouncivall pease, and hastings.

Of March.

Day.	The Sun riseth	The Sun setteth
1	hou. 6. and 20 min.	hou. 5. and 40 min.
7	hou. 6. and 8 min.	hou. 5. and 52 min.
14	hou. 5. and 54 min.	hou. 6. and 6 min.
21	hou. 5. and 40 min.	hou. 6. and 20 min.
28	hou. 5. and 16 min.	hou. 6. and 44 min.

New Moone the 1 day, 52 min after 2 of the clocke in the afternoone, some overcasting clouds.

First quar. the 9. day, 29 min. after 4 of the clock in the afternoone, somewhat windy.

Full

Full Moone the 17 day about 3 of the clocke in the morning, apt for the season.

Last quarter the 23 day, 48 min. after 7 of the clock at night, inclined to moysture.

New moon the 31 day, 44 min. after 4 of the clock in the morning, windy with rayne.

Marches Abstract.

In this month the humors of mans body begin to increase; & now grosse feeding breedeth grosse blood & grosse humors, & therfore use meats of good digestion and such as breed good iuice: it is good time to purge and clarifie ỹ blood by Potions, Bathings, & bloodletting, or such other wayes as the learned Physitian shall appoint, & as the cause of ỹ disease doth require: also sweet meats and drinks are commendable.

The time of grafting as yet endureth, together with setting, sowing, proining & plashing of Vines and Hops, Flowes, Oates, Pease, Onyons, Parsnips, and such like. Of Aprill.

Day	The Sun riseth	The Sun setteth
1	hou. 5 and 18 min.	hou. 6 and 42 min.
7	hou. 5 and 6 min.	hou. 6 and 54 min.
14	hou. 4 and 54 min	hou. 7 and 6 min.
21	hou. 4 and 39 min	hou. 7 and 21 min.
28	hou. 4 and 29 min.	hou 7 and 31 min

First quarter the 8 day, 6 min. after 10 of the clocke in the forenoone, somewhat windy and unconstant.

Full Moone the 15 day, 21 min. after high noone, inclined to some Aprill showers.

Last quarter the 22 day, 26 min. after 3 of the clock in the morning, fitting for the time.

New moon the 29 day, 23 min. after 9 of the clock at night, windy and cloudy.

Aprils Abstract.

In this moneth of Aprill, the pores of mans body are opened, and are apt to receive physick, & they that refuse the same now, I commit them to the benefit of

of Nature, for of all times of the yeer, this is the best time to prevent causes of sicknesses, or for speedy remedie in extremities, for now Nature doth renew strength through all the body: Wheresoever sicknesse happeneth, shee soone understandeth the same by meaus of Physick: Wherefore, what it cannot doe now, will hardly be done hereafter, therefore take time whilst time is, &c.

As yet you may graft, and prune Vines, and also set Melons, Cowcumbers, Citrons, Artichokes, and pole Hops, sowe Barly, Tanners apply themselves to barking of Trees.

Of May.

Day.	The Sun riseth	The Sun setteth
1.	hou. 4. and 23 min.	hou. 7. and 37. min.
7.	hou. 4. and 15 min.	hou. 7. and 45. min.
14.	hou. 4. and 5 min.	hou. 7. and 55 min.
21	hou. 3. and 56 min.	hou. 8. and 4 min.
28	hou. 3. and 50 min.	hou. 8. and 10 min.

First quarter the 7 day about midnight, somewhat wadering and unconstant.

Full Moone the 14 day 5 min. after 8 of the clock at night, some Raine to be expected.

Last quarter the 21 day 32 min. after high noone, some overcasting clouds for raine.

New Moone the 29 day about one of the clocke in the afternoone, some fall of moysture.

Mayes Abstract.

In this moneth rise early, for May doth not love any sluggards; and let such as be in health, and able, walke into the fields, and eat and drinke betimes, is good e wholesome; abstaine from all meates that be of a hot nature: and such as be sick, it is a very good time of the yeere to be let blood, or to take Physick. Such as be whole, God keepe them in health; and such as be sicke, God send them good Physicians.

The time is now fitting to sowe Bazill, Masterom, and such like seeves, as before might not be sowne, because of the colonelle of the weather: Wet Sage according to the Proverb; Set Sage in May, and it will last alway: sowe Flax and Hempe, set Hartichokes, weede your Hops and Gardens, see to your Grafts, that no superfluous branches trouble them. May-Dew, Rosemarie flowers, and Beane flowers, may at your pleasure be distilled this moneth, and now also have a care of watching your bees.

Of June.

Day.	The sunne riseth	The Sunne setteth.
1	hou. 3. and 49. min.	hou. 8. and 11. min.
7	hou. 3. and 46. min.	hou. 8. and 14. min.
14	hou. 3. and 47. min.	hou. 8. and 13. min.
21	hou. 3. and 49. min.	hou. 8. and 11. min.
28	hou. 3. and 52. min.	hou. 8. and 8 min.

First Quarter the 6 day, 56 min. after 10 of the cloche in the forenoone, indifferent weather.

Full Moone the 13 day, 7 min. after 3 of the clock in the morning, faire and pleasant.

Last quarter the 20 day, 50 min. before 1 of the cloche in the morning, very hot weather.

New Moone the 28 day, about 4 of the clocke in the morning, subiect to overcasting clouds for rain.

Iunes abstract.

In this moneth, if thou must needes use physick take it early in the morning, that it may have wrought before the heat of the day, and use a light and thinne diet, for the stomach is not enable to digest, as in winter, and some former months, and it is very good and convenient for some to drinke clarified whay boyled with cold herbs, and to abstaine from violent exercise.

Milk,

Diſtilling of Roſes, making of Syrupts and conſerues, are now in prime, now gather ſuch hearbs as you meane to keepe all the yeere, but be ſure to dry them in the ſhade.

Good Husbands and Housewiues, are now weeding their corne and Gardens, and others ſhearing their ſheepe, the time ſerues to ſet Roſemary, and Gilly-flowers, take heed of cutting hedge, or trees, or hearbes with knife, but rather gather them with your fingers. Now you may ſet Saffron, carry out compoſt, make hay, rid Gardens of Snayles, Ants, or Piſmires.

Of Iuly.

Day.	The Sun riſeth	The Sun ſetteth
1	houꝛ. and 54 min.	hou. 8. and 6 min
7	houꝛ. and 59 mi.	hou. 8 and 1 min.
14	hou 1. and 7 min.	hou. 7 and 53 min.
21	hou. 4. and 20 min	hou. 7 and 40 min.
28	hou. 4. and 30 min.	hou 7. and 30 min.

Firſt Quarter the 5 day. 12 min. after 7 of the clocke at night, ſome heat drops.

Full Moon the 12 day, 14 min. after 10 of the clock in the forenoone, many white diſperſed clouds.

Laſt quarter the 19 day, 39 min. after two of the clocke in the afternoon, faire, pleaſant hot weather.

New Moon the 27 day, 51 minutes after 5 of the clocke in the afternoone, ſoultry hot weather.

Iulies Abſtract.

In this moneth uſe cold hearbs, and cold meats, abſtaine from Phyſicke, and now the riuers are more wholeſome then the Bathes, let the ſunne be vp before you walke abroad, in the time of any plague or Peſtilence, keepe your chamber windowes ſhut, opening them when the Sunne hath got out of

shining: and be sure to perfume your chambers every morning with Tarre, put on a chaling dish of coales, then wyth nothing is better, and use Cardus Benedictus, boyled and drunke fasting.

May harvest now calleth slacke husbands to mowe and such as have leasure, it is good to fallow for wheat, and to carry out soyle, and to gather seedes and flowers, to keepe all the yeere, and to dry them in the shade, till they be almost dry, and then set them a while in the Sun, and in like manner you may use your hearbs.

Of August.

Day.	The sunne riseth	The sunne setteth.
1.	hou. 4. and 36 min	hou. 7. and 24 min.
7.	hou. 4. and 48 min	hou. 7. and 12. min.
14.	hou. 5. and 0. min	hou. 7. and 0. min.
21.	hou. 5. and 16. min	hou. 6 and 44 min.
28.	hou. 5 and 27. min	hou. 6 and 33 min.

First quarter the 4 day, 51 min. 4 after one of the clock in the morning, inclined to moysture.

Full Moone the 10 day, 41 min after 6 of the clocke at night, very faire weather.

Last quarter the 18 day 51 min. after 7 of the clock in the morning, windy, with stormes.

New Moone the 26 day, 47 min after 6 of the clocke in the morning, inclining to overcasting clouds for raine.

Augusts Abstract.

In August moderate dyet is good Physicke, for now it is very dangerous to surfeit, and to take heed of heats, and then of colds, for nothing sooner engendreth plurisies, and use not to sleep much, especially in the afternoone, for making opilations, and for annoyding of Agues, and the head-ach, and lethargies. And now let a man abstaine from physicke, except great necessity doe compell. Now

Lady

Lady Ceres lookes to have men enough to attende her: they that would have good seedes for their gardens the next yeere, must now gather of their own, lest in buying they lose their labour and their money: and such as desire to have lettice, or other hearbs for winter, may sow seedes in the encrease of the moone.

Of September.

Day.	The Sunne riseth	The sunne setteth
1.	hou. 5 and 34 min.	hou 6. and 26. min.
7.	hou. 5. and 46 min	hou 6. and 14. min.
14.	hou 6 and 2 min.	hou 5. and 58 min.
21.	hou 6. and 14 min.	hou 5 and 46 min.
28.	hou 6. and 28 min.	hou 5 and 32 min.

First quarter the 2 day, 47 min. after 7 of the clocke in the morning, inclined to raine.

Full moone the 9 day, 27 min. after 5 of the clocke in the morning, somewhat unconstant.

Last quarter the 7 day, 51 min. after 2 of the clock in the morning, some fall of moysture.

New moon the 24 day, 52 min after 6 of the clock at night, windy, and uncertaine.

Septembers abstract.

In this moneth such as have neede may safely take Physicke and also may Bath, and Bleed, in this moneth al things are in their proper nature, and vertue, and such fruits as are ripe and not infected, are good to eate, for such as have good stomacks. The time is good to make conserve of Barberries and quinces, winter hearbs may now bee sowne, likewise is the time to set Hartychokes, rose trees, apple trees, wardens, strawberries, violets, gilly flowers. Apples are to be gathered in

the full of the Moone: sow parsnips, and in dry weather gather your hops. Good Husbandry is sowing Rye, and wheat, good housewifery is making of verjuce, and plucking of hempe.

Of October.

Day.	The Sunne riseth	The Sun setteth.
1.	hou. 6. and 34. min.	hou. 5 and 26. min.
7.	hou. 6. and 46 min.	hou. 5 and 14. min.
14.	hou. 7. and 0. min.	hou. 5 and 0 min.
21.	hou 7. and 15. min.	hou. 4 and 45 min.
28.	hou. 7. and 26. min.	hou. 4 and 34 min.

First Quarter the 1 day, 6 min. after 2 of the clocke in the afternoone, reasonable temperate.

Full moone the 8 day, 31 min. after 7 of the clocke at night, windy, and reasonable faire.

Last Quarter the 16 day, 19 min. after 10 of the clocke at night, stormy and windy.

New Moon the 24 day, 23 min after 6 of the clock in the morning, inclined to wind and rayne.

First quarter the 30 day, 9 min. after 10 of the clock at night, rayny moyst weather.

Octobers Abstract.

In this moneth thou maist take Physicke, and also Bathe if occasion serve, use hot meates and drinkes, and use good wholesome wines, to nourish good blood, and beware of taking cold, because the quartan Ague will be apt to be taken, and such other ill diseases.

Remove young trees, as apples, peares, quinces, roses, &c. Set pease, parsnips, &c. Good Husbands need not be hasted to sowing of wheat, set Nuts, Acorns, and Filberds, and doing of such good Husbandry.

Of November.

Day.	The Sunne riseth	The Sunne setteth.
1.	hou. 7. and 33. min.	hou. 4. and 17. min.
7.	hou. 7. and 42. min.	hou. 4. and 18. min.
14.	hou. 7. and 52. min.	hou. 4. and 8. min.
21.	hou. 8. and 3. min.	hou. 3. and 57. min.
28.	hou. 8. and 9. min.	hou. 3. and 51. min.

Full Moone the 7 day, 19 min. after high noone, windy and stormy.

Last Quarter the 15. day 47. min. after 4. of the cloche at night, stormy winterly weather.

New Moone the 22. day 17. min. after 5. of the cloche at night, windy and unconstant.

First Quarter the 29. day about nine of the clock in the morning, moyst wet weather.

November, Abstract.

In November, finish the Physicke that ye meane to take, and so rest till March, except some necessity doe constraine you, use good meats and who. some wine, to nourish thy blood, provide thee warm clothing, and goe dry of thy feet, or else make sure account of Rheume, and pricke besides some other inconvenience that will ensue.

Beware of the hot house this moneth, and use Ptony, and Cinamon in drinke.

In the new of the Moon, you may remove young trees as in the last moneth, and set Crab-tree stocks to graft on, when you please. It is a good time in wane of the Moone, to set Peale, Beanes, and if the weather be not too hard, it is good sowing of Parsnips, good making of Mault, and killing of Beeves and Swine.

Of

Of December.

Day.	The Sun riseth	The Sun setteth
1	hou. 8. and 12 min.	hou. 3 and 48 min.
7	hou. 8. and 14 min.	hou. 3 and 46 min.
14	hou. 8 and 15 min	hou. 3. and 45 min.
21	hou. 8. and 12 min	hou 3. and 48 min.
28	hou. 8 and 7 min.	hou. 3. and 53 min.

Full Moone the 7 day. 24 min. after 7 of the cloche in the morning, apt for the time.

Last quarter the 15 day, 12 min. after 9 of the cloche in the forenoone, somewhat windy.

New moon the 22 day, 26 min after 7 of the cloche in the morning, cold, cloudy and unconstant.

First quarter the 28 day, 20 min. after 11 of the clock at night, frosty weather.

Decembers Abstract.

In this moneth of December, keep thy body & head from cold, and eat such meats as be of a hot qualitie, abstaine from Physick, & let thy Kitchin be thy Apothecary, warme clothing thy Nurse, merry company thy Keepers, and good Hospitalitie thy exercise.

Remove Trees and Bushes, if the weather prove not too extreme. In the wane of the Moone, sow Beanes, Pease, and those hearbs that cannot endure the cold, cover them with straw from the Frost and Snow.

Soli sapienti Deo, sola gloria.

FINIS.